

# PHYSIO *direct*

Southern Derbyshire

ADULT PATIENTS FROM THIS GP PRACTICE CAN  
NOW REFER THEMSELVES TO PHYSIOTHERAPY  
FOR ANY BACK, NECK, JOINT OR  
MUSCULAR PROBLEM

**This service is not available if you are under 18 years old or  
have a neurological, breathing or gynaecological problem.**

**There is no need to see your GP before using this service.**

**Simply call the number below to arrange a face to face  
appointment with a Chartered Physiotherapist.**

**A telephone consultation with a physiotherapist can be arranged.**

## 01335 230079

**Monday - Friday.  
Between 8.30 am- 4.30 pm  
Answer phone available in  
office hours**



Derbyshire Community Health Services



NHS Trust